



INTERDEPARTMENTAL SUBJECT

COMMUNITY HEALTH

Course Coordinator: Associated Professor Vera Musil, MD, PhD, specialist in school medicine

OBJECTIVE

The objective of the Community Health (CH) course is to enable students to understand and develop a positive attitude towards the importance and role of the community in the health and illness of an individual. The course is based on an approach to medical education that emphasises that the primary field of action and work of physicians is the community, not the infirmary or the laboratory. Students gain insight into the treatment of patients at all stages of a disease (from initial contact with the health care system in primary health care, diagnostics, therapy, home visits and workplace visits, to recovery and rehabilitation). They also participate in health education classes, epidemiological and environmental surveys, and public health research and interventions.

ORGANIZATION OF CLASSES

Classes take place in the field in the Vukovar-Srijem County (first day) and Požega-Slavonia County. The classes are taught by the University of Zagreb School of Medicine (UZSM) staff and external associates.

Practical exercises are carried out in the health center, public health institutes, general county hospitals, schools, kindergartens, retirement homes, social welfare institutions and in the field (visits to patients with the outpatient health care service, visits to beneficiaries as part of community support projects, public health research and interventions).

In the week before going on the field practice, all students are obligated to attend a preparatory seminar according to the schedule, where lists of students who will attend the course are compiled, and forms for transportation and accommodation are filled in (students are required to provide their IDs).

If health-related circumstances suddenly arise (relevant medical documentation is required) and student is unable to attend the preparatory seminar and field practice they should submit information in writing (with relevant documentation attached) to the e-mail addresses: vmusil@snz.hr; davor.jezek@mef.hr; msgrgec@snz.hr; jasna.gamulin@mef.hr. The attendance will be organized additionally in available turns that do not clash with teaching obligations for other courses.



SUMMARY OF TEACHING OUTLINE AND SCHEDULE

FIRST DAY PREPARATION SEMINAR THURSDAY ZAGREB	General notes on the organization of the classes Familiarization with individual parts of the course schedule The demographic, health and environmental characteristics of the field Teaching methods used for health education in different institutions (schools, kindergartens, retirement homes – depending on the group's schedule) Methods used for conducting public health research and interventions
SECOND DAY MONDAY FIELD PRACTICE Vukovar-Srijem County	Visit to Vukovar (Vukovar County General Hospital and Croatian Veterans' Hospital, Places of Remembrance: "Vukovar Hospital 1991", Croatian Veterans' Memorial Cemetery and "Ovčara" Memorial) Seminar: Community Health Assessment, and schedule of activities for following day
THIRD DAY TUESDAY FIELD PRACTICE Požega-Slavonija County	Practicals in community health care, county general hospital, community support projects) Seminar/practical in county institute of public health (research, interventions) Preparing for health education Summary of daily activities and schedule of activities for the following day
FOURTH DAY WEDNESDAY FIELD PRACTICE Požega-Slavonija County	Practical in community health care, county general hospital, community support projects) Seminar/practical in county institute of public health (research, interventions) Preparing for health education Summary of daily activities and schedule of activities for the following day Preparing for health education
FIFTH DAY THURSDAY FIELD PRACTICE Požega-Slavonija County	Health education (schools) Summary of daily activities and schedule of activities for the following day
SIXTH DAY FRIDAY FIELD PRACTICE Požega-Slavonija County	Visits to welfare institutions, special hospitals and industrial facilities Summary of daily activities Final seminar & evaluation

Note: it is possible to replace certain activities by day, due to the availability and availability of external collaborators and the schedule of implementation of public health activities and interventions in the county.

TRANSPORTATION, ACCOMMODATION AND FOOD

Departure to the field is on Monday at 8:00 a. m.

The return from the field is on Friday until 22:00 p. m.

Departure and return from field practice are exclusively by organized bus transport.

A bus with a driver and a van with a driver are available for transporting students and teachers throughout the field practice for each group.

Arrival and return from field practice without using the organized transport, arbitrary departure from the field practice during the tour and use of individual / personal modes of transport by students are not permitted.

While on the bus and in the van, students must follow the instructions of the teachers and drivers regarding safety rules while the vehicle is in motion and when it stops.



The accommodation and eating facilities are located in the counties where the field practice is conducted. Accommodation in the facilities is regulated by the House Rules that students will be acquainted with when they arrive at the facility. The facilities are of the closed type (during fieldwork they only host the students, teachers and drivers). Students are accommodated in double and triple rooms. Each room has a separate bathroom (toilet, shower), and is equipped with linen and towels. Three meals a day (breakfast, lunch, dinner) are provided, which are served in the dining room.

GENERAL INSTRUCTIONS REGARDING THE COURSE

In order to carry out the field practice in a variety of weather conditions, students should have clothing and footwear appropriate to the situation and their duties during the class.

Clothes should be clean, free of visible damage, ironed, and appropriate for the season. Shoes should be clean, free of visible damage, comfortable, suitable for movement, and appropriate for the season.

Students should maintain personal hygiene on a daily basis.

For attending classes in health institutions (including home visits to patients), students should bring a neat, clean, ironed and undamaged white doctor's coat or blouse, trousers/skirt, appropriate shoes and a stethoscope.

Clothing, footwear and accessories normally worn outside the professional environment and / or for leisure activities are not considered appropriate (e.g. ripped jeans, extremely short skirts, shorts, sleeveless shirts, inappropriate lettering on clothing; shoes / boots / sandals with heels over five centimetres, flip-flops, slippers; loose long hair, long nails with nail polish, jewellery and tattoos on the face and visible parts of the body (piercings and tattoos), heavy make-up, cosmetics, unkempt beards and moustaches, and bulky jewellery).

During the whole course, students have to follow the instructions of the teachers for relevant group and the external associates.

During visits and classes at various institutions, especially the sites of remembrance (Place of Remembrance: Vukovar Hospital 1991, the Memorial Cemetery of Croatian Veterans and Ovčara Memorial), students must adhere to instructions and the rules of conduct, especially the prohibition of smoking and the use of mobile phones (and cameras).

COMPLETION OF THE COURSE AND EXAM

The course is completed after attending the preparatory seminar and field practice in its entirety.

During the fieldwork, students must keep a student diary, which is a template for the exam in the form of an essay written on the topic: "COMMUNITY HEALTH - PERSONAL REFLEXION" (1000 words), which is evaluated as "pass / fail".

Students must register for the exam during the exam period for the group they attended, or in the regular summer and autumn exam periods.

Students submit a written exam (essay) during the exam period in which they registered for the exam.

After the course, students fill out the course evaluation.



UNIVERSITY OF ZAGREB SCHOOL OF MEDICINE
Andrija Štampar School of Public Health



DOCUMENTS

1. Statute of the Faculty of Medicine of the University of Zagreb. Available at:
https://mef.unizg.hr/app/uploads/2023/07/MEF-Statut_2023.pdf.
2. Rulebook on undergraduate and graduate studies. Available at:
https://mef.unizg.hr/app/uploads/2023/01/Pravilnik-o-preddiplomskim-i-diplomskim-studijima_procisceni-tekst_studeni-2022.pdf.
3. Code of conduct for MEF students. Available at:
<https://mef.unizg.hr/app/uploads/2023/07/Kodeks-ponasanja-studenata-i-dopuna-kodeksa-003.pdf>; https://mef.unizg.hr/obrazac-1_kodeks-i-dopuna/;



TURN SCHEDULE IN THE ACADEMIC YEAR 2023/2024.

TURN	PREPARATORY SEMINAR
Turn 1 16.-20.10.2023.	12.10.2023.
Turn 2 23.-27.10.2023.	19.10.2023.
Turn 3 06.-10.11.2023.	02.11.2023.
Turn MSE 15.-19.1.2024.	11.01.2024.
Turn 4 05.-09.02.2024.	01.02.2024.
Turn 5 12.-16.02.2024.	08.02.2024.
Turn 6 19.-23.02.2024.	15.02.2024.
Turn 7 26.02.-02.03.2024.	22.02.2024.
Turn 8 04.-08.03.2024.	29.02.2024.
Turn 9 11.-15.03.2024.	07.03.2024.
Turn 10 18.-22.03.2024.	14.03.2024.
Turn 11 25.-29.03.2024.	21.03.2024.
Turn 12 08.-12.04.2024.	04.04.2024.