











# XII International Congress of Person Centered Medicine 3-5/10/2024

## CONGRESS PROGRAM

School of Public Health "Andrija Štampar" | Zagreb, Croatia

Main topic "Total Health and Total Care"

www.personcenteredcare.info

## **Congress Program**

#### **FIRST DAY**

Thursday, October 3, 2024

08:00 - 18:00 REGISTRATION

09:00 - 10:00 PRESS CONFERENCE

Chair: Veljko Đorđević

10:00 - 11:00 OPENING CEREMONY

Chair: Ihsan Salloum, Marijana Braš

Welcome words from authorities (ICPCM and local)

Artistic program:

The Choir Without Vocal Cords "Optimists", Conductor Tamara Živković Ivanović

Martina Radić, opera singer, mezzo-soprano

11:00 - 12:30 OPENING PRESENTATIONS

Chairs: Ihsan Salloum, Marijana Braš

Andrija Štampar's public health vision is still living

Mirjana Kujundžić Tiljak

Paul Tournier's and Viktor Frankl's roles in the development of person-centered medicine

Hans Rudolf Pfeifer

The concept of total health and total care in person centered medicine

Juan E. Mezzich

Person-centered care and ethics - an overview

Ana Borovečki

General Discussion

Conclusions

12:30 - 13:30 LUNCH BREAK

13:30 - 15:00 SYMPOSIUM 1

Person-centered care for Broad Chronic Diseases towards Total Health

and Total Care

Chairs: Martina Matovinović, Juan E. Mezzich

The role of art in maintaining brain health

Vida Demarin

Person-centered cardiology

Davor Miličić

Patient centered dermatovenereology

Branka Marinović

The role of the multidisciplinary team in the care of people with obesity

Martina Matovinović

From Teamwork to Department: Embracing the Person-Centred Approach in Acute, Supportive, and Palliative Care at the Oncology Department of University Hospital Centre Zagreb

Ivana Kukec

Comments:

Treatment of obesity at the University Clinical Center Tuzla and Bosnia and Herzegovina: where we are and where we want to be

Fuad Pašić

Croatian Association of Cardiology Nurses

#### Ana Ljubas

Person centered neurology

#### Nataša Klepac

KLOOBOK-club of treated oncology patients at the Čakovec County Hospital

#### Andreja Bogdan

Person-centered approach to neurodegenerative disorders

#### Vladimira Vuletić

General Discussion

Conclusions

#### 15:00 - 15:30 COFFEE BREAK

#### 15:30 - 17:00 SYMPOSIUM 2

#### Person-centered care for Chronic Non-Communicable Diseases towards Total Health and Total Care

#### Chairs: Bojan Jelaković, Jon Snaedal

The Hunt for the Silent Killer - total health on the doorstep

#### Bojan Jelaković

Pharmacists as a link that strengthens

#### Ana Soldo

E-prescriptions - the real benefit or danger of losing the person

#### Valerija Bralić-Lang

Cities of Tomorrow: pioneering health interventions in the city of Rijeka

#### Vanja Vasiljev

#### Comments:

Person-centered care in kidney transplant patients

#### Nikolina Bašić-Jukić

Person-centered care in diabetic patients

#### Silva Canecki Varžić

Person-centered care in patients with dyslipidemia

#### Ivan Pećin

Person-centered care coronary patient after intervention

#### Irzal Hadžibegović

Person-centered care - how to motivate elderly single women to be physically active

#### Lovorka Bilajac

General comment

#### Krunoslav Capak

General Discussion

Conclusions

#### 17:00 - 17:45 PANEL 1

#### The role of art in promoting person-centered medicine

#### Chairs: Nikša Kušelj, Hans-Rudolf Pfeifer

Paul Tournier and the art of writing meaningful books

#### **Alain Tournier**

The role of performing arts in promoting total health and total care

#### Martina Radić

The role of acting in promoting total health and total care

Nadia Cvitanović

The role of fine arts in promoting total health and total care

Tomislav Buntak

The role of films in promoting total health and total care

Dejan Šorak

The role of theatre in promoting total health and total care

Acija Alfirević

General Discussion

Conclusions

18:00 - 19:30 Premiere of the documentary One Post-COVID Story and discussion with the co-actors of the film

Chairs: Nikša Kušelj, Hans-Rudolf Pfeifer

Round-table discussion with directors and protagonist

Branko Ištvančić, Veljko Đorđević, Slavko Orešković, Ivan Luetić, Mario Gazik, Bruno Baršić, Ivica Lukšić, Marijana Braš, Andreja Bogdan

#### **SECOND DAY**

#### Friday, October 4, 2024

#### **08:30 - 18:00 REGISTRATION**

#### 09:30 - 11:00 SYMPOSIUM 3

#### Mental health towards Total Health and Total Care

#### Chairs: Miro Jakovljević, Ihsan Salloum

Person-centered care for total health in people with substance use disorders

#### **Ihsan Salloum**

Conceptual basis for total care for people with dementia

#### Jon Snaedal

Culture and mental health

#### Werdie Van Staden

What total health and total care mean for children and adolescents mental health caregivers

#### Michel Botbol

Person-Centered Medicine in Psychotherapy: A Comprehensive Framework for Cross-Cultural Sensitivity and Therapeutic Effectiveness

#### Vladan Novaković

Medicine of the Person, Integrative Medicine and Culture of Empathy

#### Miro Jakovljević

#### Comments:

What happened to us?

#### Melita Jukić

TMS- a modern method od treatment in psychiatry

#### Katarina Matić

Group and community as levers in the fight against alcohol addiction

#### Zoran Zoričić

Mental Health of Children in the Republic of Croatia - Challenges for Reflection

#### Katarina Dodig-Ćurković

Reorientation of mental health service in Croatia toward community-based care. results of EU JA impleMENTAL

#### Danijela Štimac Grbić

Cognitive function in pregnancy, after pregnancy, and one year after childbirth in patients with type 1 diabetes mellitus: a longitudinal final study

#### Josip Đelmiš

General Discussion

Conclusions

#### 11:00 - 11:30 COFFEE BREAK

#### 11:30 - 13:00 SYMPOSIUM 4

#### Person centered palliative medicine

Chairs: Lovorka Brajković, Salman Rawaf

Total pain

#### Katija Ćulav

Palliative care as a Human Rights Care

#### Lovorka Brajković

"Total Health and Total Care" "Totalno zdravlje i totalna skrb" Palliative care in neurology - care centred on patient and family

#### **David Oliver**

Person-centered surgery in palliative medicine

#### Tomislav Meštrović

Person-cenetered pediatric palliative care

#### Jasminka Stepan Giljević

#### Comments:

Interdisciplinarity - the basic principle for quality care of patients who need palliative care

#### Mark Tomaj

Palliative care in Split

#### Marion Tomičić

Two monologues do not make a dialogue - communication gap in palliative care

#### Anamarija Soldo Koruga

The defender helps the defender

#### Željko Miškulin

General Discussion

Conclusions

#### 13:00 - 14:00 LUNCH BREAK

#### 14:00 - 15:00 PANEL 2

#### Person centered care for the patients with sensory impairments

#### Chairs: Snježana Kaštelan, Juan Mezzich

Life without voice toward Total Health and Total Care

#### Tamara Živković Ivanović

Person-centered care in ophthalmology

#### Snježana Kaštelan

Person centered care for patients with hearing loss

#### Lana Kovač Bilić

Occupational therapy intervention through sensory integration apparoach

#### **Tihana Beinrauch**

General Discussion

Conclusions

#### 15:00 - 16:00 PANEL 3

## The role of patient associations, insurers, pharmaceutical companies and media in the promotion of Total Health and Total Care

#### Chairs: Goran Ivkić, Jon Snaedal

Association "Be Well"

#### Goran lykić

Person-centered medical insurance: Once a doctor is always a doctor

#### Srebrenka Mesić

Precise prediction of diabetes onset – a bridge from basic research to market

#### Martiana Džepina

Shifting reader trends: current insights on "Healthy Lifestyle" content in Croatian online news

#### Maja Maldini

What is Normal Life

#### Ana Tomašković

The work experience of the oldest civil society association, the Croatian League Against Cancer

#### Neda Ferenčić Vrban

General Discussion

Conclusions

#### 16:00 - 17:30 SHORT ORAL PRESENTATIONS (PART I)

#### Chairs: Neda Pjevač, Hans-Rudolf Pfeifer

Total Care for Person(s) with Diabetic Foot Disease

#### Anica Badanjak

Person centered mental health policy

#### Bernarda Braš

Treatment of perimenopausal and menopausal symptoms in women with acupuncture and herbal medicinal products

#### Štefica Findri Guštek

Dependence on Tramadol in a Patient Suspected of Having Adult ADHD

#### Azijada Srkalović Imširagić

The Role of Helping Professions in Working with People with Mental Health Difficulties – Home for adults Zagreb

#### Lucija Grbeš

Walking to cardiovascular health

#### Matija Konja

Person centered care in psycho-oncology

#### Pia Kosanović

Childhood stroke with varicella zoster associated focal cerebral arteriopathy

#### Ritika Ghose

Streptococcal toxic shock syndrome: a life-threatening complication caused by Streptococcus pyogenes infection

#### Dora Franciska Tuđman Šuk

#### 17:30 - 18:00 COFFEE BREAK

#### 18:00 - 19:30 SYMPOSIUM 5

## Person-centered Primary Care: A dialogue among community protagonists and health proffesionals

#### Chairs: Marijana Braš, Juan E. Mezzich

Person-Centred Primary Health Care

#### Gian Matteo Apuzzo

International public health perspective

#### Salman Rawaf

Primary care the cornerstone of personalised health service

#### Aleksandar Džakula

Educational perspective of implementing person centered care in family medicine

#### Venija Cerovečki

#### Comments:

Person-centered school and adolescent medicine

#### Željka Karin

The Role of the Family Medicine Doctor in the Treatment of Depression in the Elderly Population

#### Nada Pjevač Keleminić

Control and prevention of obesity in the elderly through the activities of community health care

#### Vedrana Iveta

General Discussion

Conclusions

#### **THIRD DAY**

#### Saturday, October 5, 2024

#### 09:00 - 10:00 PANEL 4

#### Education, communication, new technologies for person-centered care

#### Chairs: Ihsan Salloum, Maja Baretić

Technology beyond Biology; Isn't It Time to Update WHO's Definition of Health? **Maja Baretić** 

The importance of educating psychologists - how to educate mind and heart? **Jelena Maričić** 

CONVINCE – teaching health professionals interpersonal communication skills **Dinko Lupi** 

Bioethical-communicational aspect in the approach to the patient

Mile Marinčić

Importance of Communication in Healthcare

Matilda Sabljak

General Discussion

Conclusions

#### 10:00 - 11:30 PANEL 5

## Regional Integration and Peoples-centered Health Care: A dialogue among health professional representatives from South European countries

#### Chairs: Veliko Đorđević, Ihsan Salloum

Regional Networks and Sub-Regional Partnerships

Gian Matteo Apuzzo (WHO Europe)

Croatian perspectives

Igor Filipčić (Croatia)

Bosnia and Herzegovina perspectives

Dragan Babić, Romana Barbarić (Bosnia and Herzegovina)

Serbian perspectives

Vladan Novaković (USA and Serbia)

Other Person-centered Care Regional Developments across the world **Juan E. Mezzich (USA & Peru)** 

11:30 - 12:00 COFFEE BREAK

#### 12:00 - 13:00 PANEL 6

#### Intersectoral cooperation

#### Chairs: Salman Rawaf, Milan Milošević

An interdisciplinary approach to health care and medical classification of para-athletes **Milan Milošević** 

The social work – the unavoidable link in total health and total care approach

#### Marina Ajduković

E- professionalism of Health Care Professionals - What is that?

#### Tea Vukušić Rukavina

The role of media towards Total Health and Total Care

#### Sanja Kocijančić-Petričević

Veteran center - multidisciplinary approach in working with Croatian veterans **Nikola Starčević** 

Models of care for older people with complex needs

#### Arnela Redžović Brka

General Discussion

Conclusions

#### 13:00 - 14:00 PANEL 7

#### Interprofessional training and work towards total health and total care

#### Chairs: Marinka Baričević, Hans-Rudolf Pfeifer

Nursing perspectives and inderdisciplinary training and work

#### Tesfamichael Ghebrehiwet

Disruptive interdisciplinarity

#### Srećko Gajović

The role of dentist towards total health and total care

#### Marinka Baričević

Pharmacists' Role in Total Health: Improving Asthma Management Through Proper Inhaler Techniques

#### Ante Orbanić

The role of kinesiologists in promoting physical activity in persons with overweight and obesity

#### Martina Matovinović

General Discussion

Conclusions

#### 14:00 - 15:30 SHORT ORAL PRESENTATIONS (PART II)

#### Chairs: Snježana Kaštelan, Salman Rawaf

The role of insurance in preserving health and preventing diseases in the general population

#### Ana Rukavina

From the terminal illness phase to returning to life in her own home? Could we have done more?

#### Tibor Kralj

Overview of the basic models of health insurance in the world

#### Darko Fruk

Improving the quality of life and social inclusion of Homeland war Veterans and members of their families through the work of the Person-centered Association

#### **Nenad Bunoza**

Keep calm and Nature towards Total Health and Total Care

#### Lidija Kladarić

Communication Challenges of Family Medicine Doctors in the Treatment of Elderly Patients

#### Domagoj Keleminić

An individualized approach in the treatment of people suffering from schizophrenia **Ivana Bakija** 

Possibilities of financing Croatian veterans from EU funds towards total care

#### Dijana Pjevač Brkić

Spirituality and Hypertension towards total health and total care

#### Josipa Josipović

Person-centered medicine & care and UN's sustainable development goals

#### Zdravko Kuzmić

Patient centered care for glaucoma patients and patients with severe visual impairment **Tena Križ** 

Hospice care - creating a new vision for end-of-life care

#### Ana Vlahović

From Pregnancy to Parenthood: The Impact of Teamwork and Continuous Support **Kristina Barun** 

#### 15:30 - 16:30 CLOSING SESSION

Chairs: Ihsan Salloum, Veljko Đorđević

Conclusions of the event

Marijana Braš

Declaration of Zagreb 2024

Ihsan Salloum, Veljko Đorđević, Marijana Braš, Juan E. Mezzich

Establishment of a European network for person-centered care

Gian Matteo Apuzzo, Igor Filipčić, Bojan Jelaković

Next steps

Juan E. Mezzich