

**Christopher M. Belkofer, Ph.D, ATR, LPC**  
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**PROFESSIONAL EXPERIENCE, TEACHING**

**Mount Mary University, Art Therapy Department, Milwaukee, WI**

August 1, present      Chair, Art Therapy Department  
July 1-present          Director, Graduate Art Therapy Program  
August 09-7/2014      Practicum Coordinator and Graduate Art Therapy Instructor

**Bloom: Center for Art and Integrated Therapies, Milwaukee, WI**

July, 2012-present      Co-founder, Clinician: Private clinical practice

**School of the Art Institute of Chicago, Art Therapy Department, Chicago, IL**

August 06– 5/09          Graduate Thesis Instructor

**Mount Mary College, Milwaukee, WI**

August 07                  Visiting Instructor. Taught a three day graduate level summer course exploring the subject of art and the brain

**Lutherbrook Child and Adolescent Center, Lutherbrook Academy, Addison, IL**

June 07 – 7/09          Expressive Therapies Supervisor. Developed and managed creative arts programming in a residential treatment facility; provided group and individual art therapy sessions for adolescents with emotional and behavioral problems; applied creative based models of crisis interventions; supervised dance/movement, art therapy, and therapeutic recreation staff and interns.  
June 03 - 6/07          Art Therapist. Facilitated art therapy groups, and conducted individual art therapy session in a therapeutic day school environment.

**EDUCATIONAL BACKGROUND**

Lesley University, Cambridge, MA, 2012, Ph.D.  
School of the Art Institute of Chicago, Chicago, IL, 2003, MA, Art Therapy  
Hines Veterans Hospital, Biological Psychiatry Lab Hines, IL, 2002-2003, Art Therapy Research Intern  
The University of Missouri, Columbia, MO, 2000, BA Psychology

**PROFESSIONAL AFFILIATIONS**

Licensed Clinical Professional Counselor, LCPC, Illinois  
Licensed Professional Counselor, LPC, Wisconsin  
Registered Art Therapist, ATR

**PROFESSIONAL PRESENTATIONS & ACTIVITIES**

Dec, 2010-Present      Ad Hoc Reviewer, Art Therapy: Journal of the American Art Therapy Association

Jan, 2011-Present	Ad Hoc Reviewer, The Arts in Psychotherapy
Nov 2015	Kansas Art Therapy Association Conference, Kansas City, MO. Keynote, “Neuroscience, Trauma, and Art Therapy”
July 2015	American Art Therapy Association Conference, Minneapolis, MN, Presenter, “The Therapeutic Applications of the QEEG in Studio-Based Art Therapy”.
July 2015	American Art Therapy Association Conference, Minneapolis MN, Co- Presenter, “Art Therapy and Clinical Neuroscience”.
July 2014	American Art Therapy Association Conference, San Antonio, TX. Co-Presenter, “Art Therapy and Clinical Neuroscience Panel”
May 2014	Ars Medica: Science, clinical practice, and art. Dubrovnik, Croatia “Art Therapy and The Brain: The role of image making in self-regulation”
April 2014	Mount Mary University Spring Symposium, Milwaukee, WI. Co-Keynote, “The Image Has It: Art, practice, and the brain”
July 2013	American Art Therapy Association Conference, Seattle WA. Co-Presenter, “Art Therapy and Clinical Neuroscience Panel”
July, 2013	American Art Therapy Association Conference, Seattle, WA. Co-Presenter, “From Planting to Bloom Creating a Mindful, Clinical, For- profit Practice
April, 2013.	University of Wisconsin River Falls Guest Lecturer. “Neuroscience and Art therapy”. River Falls, WI.
April, 2013	Mount Mary College Spring Symposium. “From Planting to Bloom: Creating a Mindful, Clinical, For-profit Practice”
Jan, 16-18 <sup>th</sup> 2013	International Week of Applied Sciences: Challenge your borders. Haan University of Applied Sciences. Nijmegen, Holland. “From Planting to Bloom: Creating a Mindful, Clinical, For-profit Practice”
Nov, 2012	Wisconsin Counseling Association Fall Summit. Madison, WI. Presenter “Visual Art Making and the Brain”.
Nov, 2012	Expressive Arts Therapies Summit, New York, NY. Presenter, “Neuroscience and the Therapeutic Power of the Arts”

- July, 2012 American Art Therapy Association Conference, Savannah, GA. Presenter, "A View of Art and the Brain: Exploring drawing using QEEG measures."
- July, 2012 American Art Therapy Association Conference, Savannah, GA. Co-Presenter, "Art Therapy and Clinical Neuroscience."
- April, 2012 Mount Mary College Art Therapy Symposium, Milwaukee, WI. Presenter, "Relational Aesthetics: Mirror neurons and the embodied response."
- Jan, 2012 Medical College of Wisconsin, Department of Psychiatry and Behavioral Medicine, Grand Grounds, Wauwatosa, WI. Presenter, "Healing Visions: An introduction to the therapeutic applications of the visual arts."
- Nov 2011 Expressive Therapies Summit, New York, NY. Presenter, "The impact of visual art making on the brain"
- Feb 2011 Marquette University Department of Psychology Colloquium, Milwaukee, WI. Presenter, "Art and the Brain: Therapeutic applications of art."
- April, 2011 Mount Mary College Art Therapy Symposium, Milwaukee, WI. Presenter, "The Impact of Visual Art Making on the Brain."
- Nov, 2010 American Art Therapy Association Conference, Sacramento, CA. Presenter, "The Impact of Visual Art Making on the Brain."
- Nov, 2010 American Art Therapy Association Conference, Sacramento, CA. Co-Presenter, "Art Based Group Therapy: Theory and method from studio to classroom."
- Feb 2010 Illinois Art Therapy Association Conference, Chicago, IL. Co-Presenter, "Expressive Therapies Residential Care: Inside the periphery."
- Nov 2009 American Art Therapy Association Conference, Dallas, TX. Presenter, "The Changing Brain: Expressive therapies in residential care."
- April 2009 The University of Illinois at Chicago, Residential Care Conference Co-Presenter, "Building Safe Houses: Expressive therapies in residential care."
- Nov 2008 American Art Therapy Association Conference, Cleveland, OH. Panelist, "Men as Art Therapists."

- Nov 2007 American Art Therapy Association Conference, Albuquerque, NM. Panelist, “Men in Art Therapy: Are female pressures shaping the art therapy profession?”
- March 2007 The Art of Connection, School of the Art Institute of Chicago. Panelist, “Shadows in Art Therapy.”
- April 2007 Mount Mary College Art Therapy Symposium, Milwaukee, WI. Panelist, “Men in Art Therapy: Are female pressures shaping the art therapy profession?”
- Jan 2007 Illinois Art Therapy Association Conference, Chicago, IL. Presenter, “Art Based Values and Quantitative Needs.”
- April 2006 Mount Mary College Art Therapy Symposium, Milwaukee, WI. Presenter, “A New Kind of Wonder: Art therapy and neuroscience.”
- April 2005 The School of the Visual Arts Annual Art Therapy Conference, New York, NY. Presenter, “A New Kind of Wonder: Art therapy and neuroscience.”
- Nov 2003 American Art Therapy Association Conference, Chicago, IL. Presenter, “A New Kind of Wonder: Art therapy and neuroscience.”

### **AWARDS**

- 2009 Lesley University, Incoming Doctoral Student Scholarship

### **PUBLICATIONS**

- 2014 *Art Therapy, Trauma, and Neuroscience. Theoretical and practical perspectives.* Contributing author (Contract accepted for publication by Routledge, December 2013)
- 2014 Belkofer, C. M., Vaughn Van-Hecke, V., & Konopka, L. M. (2014). Effects of drawing on alpha activity: A Quantitative EEG study with implications for art therapy. *Art Therapy: Journal of the American Art Therapy Association, 31*(2), 61-68.
- 2014 Moon, B. L., & Belkofer, C. (2014). *Artist, therapist, and teacher: Selected writings by Bruce L. Moon.* Springfield, IL: Charles. C. Thomas.
- 2013 Belkofer, C (2009) [Review of video] Going the Distance: Don Seiden- Artist, Teacher, Therapist. *Art Therapy: Journal of the American Art Therapy Association, 30*(2), 93-94.

- 2011 Belkofer, C. M., & McNutt, J. V. (2011). Understanding social media culture and its ethical challenges for art therapists. *Art Therapy: Journal of the American Art Therapy Association*, 28(4), 159-164.
- 2010 [Preface] *Art-based group therapy*, by Bruce Moon. Springfield, IL: Charles. C. Thomas.
- 2009 Belkofer, C (2009) [Review of the book *Art therapy and clinical neuroscience*, by N. H. Cohen & R. Carr]. *Art Therapy: Journal of the American Art Therapy Association*, 26(4), 192-193.
- 2008 Belkofer, C. M., and Konopka, L. M. (2008) Conducting art therapy research using quantitative EEG measures, *Art Therapy: Journal of the American Art Therapy Association*, 25(2), 56-63.

### **EXHIBITS & PERFORMANCES**

- 2012 Sound and Vision, Mount Mary College, Milwaukee, WI.
- 2009 Faculty Show, Mount Mary College, Milwaukee, WI.
- 2006 Moohlah Theatre, commissioned paintings, permanent collection, St. Louis, MO
- 2006 Theresa School, commissioned paintings, permanent collection, St. Louis, MO
- 2003 *The Art of Connection*, (Sound Installation) School of the Art Institute of Chicago